

# St. Alban's

EPISCOPAL CHURCH

*welcomes you*



## **The Third Sunday in Lent**

A Penitential Order and Holy Eucharist: Rite II

March 3, 2024

10:30 a.m.

# A Penitential Order and Holy Eucharist: Rite Two

Welcome to St. Alban's! Thank you for worshiping with us today. In order to allow for private prayer, we ask that you refrain from loud conversation upon entering the nave. Page numbers in the bulletin refer to The Book of Common Prayer (BCP), the book with the cross on the cover. Hymnals and Prayer Books can be found beneath the seats. If you choose to kneel for parts of the service, please use the kneeler beneath your own chair. Children of all ages are always welcome in worship. Crayons and a Bible story coloring page are available on the table just outside the doors to the nave. If desired, our nursery is available for children age three and under, and is located downstairs. Sunday School for ages four-12<sup>th</sup> grade takes place from 10:15-11:00 a.m. downstairs, with the children returning upstairs to the nave at the Exchange of the Peace. \*The congregation is invited to stand as able when indicated by an asterisk.

## The Word of God

**The Prelude:** We Sing the Praise of Him Who Died (Hymn 471)

arr. T. Noble

**\*The Processional Hymn: 518 Christ Is Made the Sure Foundation** WESTMINSTER ABBEY

**\*The Opening Acclamation**

*Book of Common Prayer (BCP) p. 351*

Celebrant: Bless the Lord who forgives all our sins.

People: His mercy endures forever.

**The Confession & Absolution**

*BCP p. 352*

*The congregation is invited to kneel as able.*

*Deacon*

Let us confess our sins against God and our neighbor. *Silence is kept.*

*Celebrant and People*

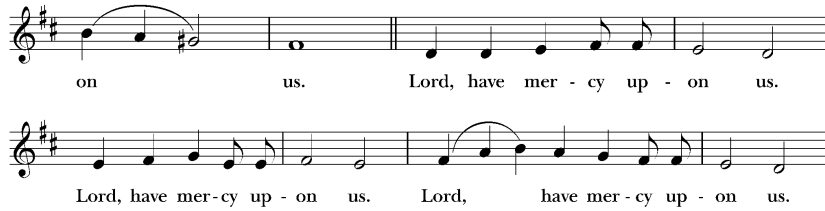
**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

**\*The Kyrie: S 91**

**Lord, Have Mercy**

Healey Willan

Lord, have mer - cy up - on us. Lord, have mer - cy up -  
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -  
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -



## \*The Collect of the Day

Celebrant: The Lord be with you.

**People: And also with you.**

Celebrant: Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## The First Lesson

**Exodus 20:1-17**

Then God spoke all these words: I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments. You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it. Honor your father and your mother, so that your days may be long in the land that the Lord your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

Reader: The Word of the Lord.

**People: Thanks be to God.**

**Psalm 19** *Read responsively by half verse.*

The heavens declare the glory of God, \*  
**and the firmament shows his handiwork.**

One day tells its tale to another, \*

**and one night imparts knowledge to another.**

Although they have no words or language, \*

**and their voices are not heard,**

Their sound has gone out into all lands, \*

**and their message to the ends of the world.**

In the deep has he set a pavilion for the sun; \*

**it comes forth like a bridegroom out of his chamber;**

**it rejoices like a champion to run its course.**

It goes forth from the uttermost edge of the heavens and runs about to the end of it again; \*

**nothing is hidden from its burning heat.**

The law of the Lord is perfect and revives the soul; \*

**the testimony of the Lord is sure and gives wisdom to the innocent.**

The statutes of the Lord are just and rejoice the heart; \*

**the commandment of the Lord is clear and gives light to the eyes.**

The fear of the Lord is clean and endures for ever; \*

**the judgments of the Lord are true and righteous altogether.**

More to be desired are they than gold, more than much fine gold, \*

**sweeter far than honey, than honey in the comb.**

By them also is your servant enlightened, \*

**and in keeping them there is great reward.**

Who can tell how often he offends? \*

**cleanse me from my secret faults.**

Above all, keep your servant from presumptuous sins; let them not get dominion over me; \*

**then shall I be whole and sound, and innocent of a great offense.**

Let the words of my mouth and the meditation of my heart be acceptable in your sight, \*

**O Lord, my strength and my redeemer.**

## The Second Lesson

## Romans 4:13-25

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Reader: The Word of the Lord.

People: **Thanks be to God.**

## **\*The Sequence Hymn: 441 In the Cross of Christ I Glory**

RATHBUN

*Stanzas 1 & 2 are sung before the Gospel, stanzas 3 & 4 are sung after.*

## **\*The Gospel**

**John 2:13-22**

Deacon: The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory to you, Lord Christ.**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

Deacon: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

## **The Sermon**

The Rev. Leslie Nuñez Steffensen

## **\*The Nicene Creed**

*BCP p. 358*

*Celebrant and People*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

## **\*The Prayers of the People**

*The congregation is invited to stand or kneel as able. Please read together the names on our prayer list, when prompted.*

*Deacon*

In peace, let us pray to the Lord.

*Intercessor*

O holy, blessed, and glorious Trinity, one God,

**Have mercy upon us.**

From all evil, hardness of heart, and contempt of your Word,

**Good Lord, deliver us.**

From all oppression, violence, and disaster,

**Good Lord, deliver us.**

That it may please you to give your Church a heart to love you, and diligently to live by your commandments,

**We beseech you to hear us, good Lord.**

That it may please you to make wars cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all people,

**We beseech you to hear us, good Lord.**

That it may please you to have mercy upon all humankind, especially those we know are in particular need. Together we pray for...

**We beseech you to hear us, good Lord.**

That it may please you to give us true repentance; to forgive us all our sins, and to endue us with the grace of your Holy Spirit to amend our lives according to your holy Word,

**We beseech you to hear us, good Lord.**

That it may please you to grant to all the faithful departed eternal life and peace, in the fellowship of all the saints,

**We beseech you to hear us, good Lord.**

*Celebrant*

Almighty God, who has promised to hear the petitions of those who ask in your Son's Name: We ask you mercifully to incline your ear to us who have now made our prayers and supplications you; and grant that those things which we have asked faithfully according to your will, may be obtained effectually, to the relief of our necessity, and to the setting forth of your glory; through Jesus Christ our Lord. **Amen.**

**\*The Exchange of the Peace**

*BCP p. 360*

*The people greet one another in the name of the Lord.*

**The Greeting and Announcements**



*The Celebrant continues.*

**\*The Sanctus: S 129**

**Holy, Holy, Holy**

Robert Powell

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and  
might, hea - ven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Bless - ed is he who  
comes in the name of the Lord. Ho - san - na in the high - est.

*The Celebrant continues. The congregation is invited to stand or kneel as able.*

**Celebrant:** Therefore we proclaim the mystery of faith:

**People:** **Christ has died. Christ is risen. Christ will come again.**

*The Celebrant continues.*

*Celebrant* *People*  
A-men.

**\*The Lord's Prayer**

*BCP p. 364*

**\*The Fraction Anthem: S 161**

**Lamb of God**

David Hurd

Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.



## **The Ministration of Communion**

BCP p. 365

*All are welcome to gather at the Lord's table. At the appropriate time, you may come forward to the altar rail, filling in from right to left. Kneeling is optional. Gluten-free wafers are available; please make your need known to the clergy. Wine is available either by sipping from the common cup (silver chalice) or by intinction (dipping the wafer into the pottery chalice). If you choose to intinct, please hold your wafer visibly to indicate that is your preference. Please take utmost care to keep your fingers from touching the wine as you dip. You may choose to receive only the bread or the wine, as either one alone is a full Communion. Please tell an usher if you need Communion brought to you. In the Episcopal Church, it is customary that those receiving Communion have been baptized in any Christian tradition, and no one who comes to the altar in faith is turned away. If you would like to learn more about Baptism at St. Alban's, please be in touch with the clergy. If you are not receiving Communion, we hope you will come forward and cross your arms over your chest, so that we might share a blessing with you.*

## **The Communion Hymns: 471 We Sing the Praise of Him Who Died 51 We the Lord's People**

BRESLAU  
DECATUR PLACE

### **\*The Post Communion Prayer**

BCP p. 366

*The congregation is invited to stand or kneel as able.*

*Celebrant and People*

**Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

### **\*The Solemn Prayer over the People**

Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord. **Amen.**

### **\*The Recessional Hymn: 495 Hail, Thou Once-Despised Jesus, stanzas 1, 2, & 4 IN BABILONE**

### **\*The Dismissal**

BCP p. 366

Deacon: Let us bless the Lord.

People: **Thanks be to God.**

## **The Postlude: Lord, Who Throughout These Forty Days**

arr. Robert Powell

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## Welcome to St. Alban's!



St. Alban's is a friendly, inclusive, and growing congregation that seeks to honor the Lord Jesus Christ through worship, fellowship, and outreach. We pray that your worship with us will bring you the grace, peace, and joy of Christ. If you are new to our faith community, we would love to connect with you. Please fill out a purple sheet located on the Welcome Center table in the narthex or scan the QR code to the left with the camera on your smart phone which will direct you to an online newcomer form.

### St. Alban's is a Parish in the Episcopal Diocese of North Carolina

**The Right Reverend Samuel Sewall Rodman, III**, Bishop of North Carolina

**The Right Reverend Jennifer Brooke-Davidson**, Assistant Bishop

### The Clergy and Staff

**The Reverend Carmen Germino**, Rector

**The Reverend Kevin Lloyd**, Associate Rector

Davidson College Campus Minister

**The Reverend Leslie Nuñez Steffensen**, Priest Associate

**The Reverend Valerie Davis**, Deacon

**John Bailey**, Organist and Choirmaster

**Jessica Ewell**, Parish Administrator and Communications Director

**Courtney Fossett**, Director of Children, Youth, and Family Ministry

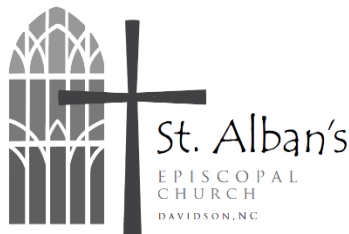
**Erin Garrett**, Director of Finance

**Matt Presson**, Director of Children's Choir and Stream Team

**Patti Rossini**, Preschool Director

### The Vestry of St. Alban's

Connor Fulton, Matthew Goodson, Martha Hartle, Sarah Hicks, James Kennedy, Annamarie Klemm, Allison Kratt, Mike McDonnell, Cheryl Nealy, Dave Pylipow, Mike Sass, Joseph Torok



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