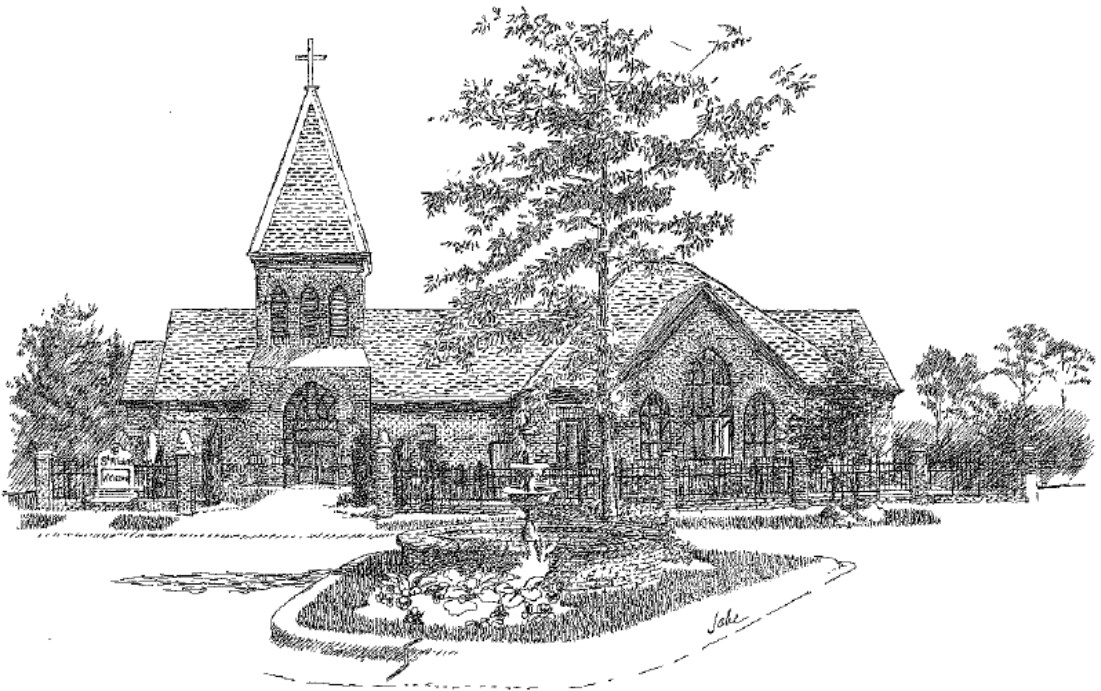


St. Alban's

EPISCOPAL CHURCH

welcomes you



The Fourth Sunday after the Epiphany

Holy Eucharist: Rite II

January 28, 2024

10:30 a.m.

Holy Eucharist: Rite Two

Welcome to St. Alban's! Thank you for worshiping with us today. In order to allow for private prayer, we ask that you refrain from loud conversation upon entering the nave. Page numbers in the bulletin refer to The Book of Common Prayer (BCP), the book with the cross on the cover. Hymnals and Prayer Books can be found beneath the seats. If you choose to kneel for parts of the service, please use the kneeler beneath your own chair. Children of all ages are always welcome in worship. Crayons and a Bible story coloring page are available on the table just outside the doors to the nave. If desired, our nursery is available for children age three and under, and is located downstairs. Sunday School for ages four-12th grade takes place from 10:15-11:00 a.m. downstairs, with the children returning upstairs to the nave at the Exchange of the Peace. *The congregation is invited to stand as able when indicated by an asterisk.

The Word of God

The Prelude: God Himself Is Light
God the Omnipotent! (Hymn 569)

Michael Shea
A. Lvov, arr. T. Noble

***The Processional Hymn: 493 O For a Thousand Tongues to Sing**

AZMON

***The Opening Acclamation**

Book of Common Prayer (BCP) p. 355

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and forever. Amen.

***The Collect for Purity**

BCP p. 355

***The Gloria: S 280**

Glory to God

Robert Powell

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - might - y God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you

take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most
High, Je - sus Christ, with the Ho - ly Spi - rit, in the
glo - ry of God the Fa - ther. A - men.

*The Collect of the Day

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The First Lesson

Deuteronomy 18:15-20

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 111 *Read responsively by half verse.*

Hallelujah! I will give thanks to the LORD with my whole heart, *

in the assembly of the upright, in the congregation.

Great are the deeds of the LORD! *

they are studied by all who delight in them.

His work is full of majesty and splendor, *

and his righteousness endures for ever.

He makes his marvelous works to be remembered; *

the LORD is gracious and full of compassion.

He gives food to those who fear him; *

he is ever mindful of his covenant.

He has shown his people the power of his works *

in giving them the lands of the nations.

The works of his hands are faithfulness and justice; *

all his commandments are sure.

They stand fast for ever and ever, *

because they are done in truth and equity.

He sent redemption to his people; he commanded his covenant for ever; *

holy and awesome is his Name.

The fear of the LORD is the beginning of wisdom; *

those who act accordingly have a good understanding; his praise endures for ever.

The Second Lesson

1 Corinthians 8:1-13

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

Reader: The Word of the Lord.

People: **Thanks be to God.**

***The Sequence Hymn: 533 How Wondrous and Great Thy Works, God of Praise!** LYON

Stanza 1 is sung before the Gospel, stanza 2 is sung after.

***The Gospel**

Mark 1:21-28

Deacon: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: **Glory to you, Lord Christ.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

Deacon: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

The Sermon

The Rev. Leslie Nuñez Steffensen

***The Nicene Creed**

BCP p. 358

Celebrant and People

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

***The Prayers of the People**

BCP p. 385

The congregation is invited to stand or kneel as able.

Deacon

Let us pray for the church and for the world.

Intercessor

I ask your prayers for God's people throughout the world; for Archbishop Justin; Presiding Bishop Michael; Our Bishops Sam and Jennifer; Bishop Metlha of Botswana and Bishop Gomez of Costa Rica; for our Clergy, Carmen, Kevin, Leslie, and Valerie; for this gathering; and for all ministers and lay people. Pray for the Church.

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. We pray for peace in the Holy Land, Ukraine, and everywhere affected by war. Pray for justice and peace.

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble.

I ask your prayers for all who seek God, or a deeper knowledge of God. Pray that they may find and be found by him.

I ask your prayers for the departed, especially... Pray for those who have died.

I ask your prayers for all those on our parish prayer list. Together we pray for...

I invite your own thanksgivings and petitions, either silently or aloud.

Praise God for those in every generation in whom Christ has been honored. Pray that we may have grace to glorify Christ in our own day.

The Celebrant adds a concluding Collect.

The Confession & Absolution

BCP p. 360

The congregation is invited to kneel as able.

Deacon

Let us confess our sins against God and our neighbor. *Silence is kept.*

Celebrant and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

***The Exchange of the Peace**

BCP p. 360

The people greet one another in the name of the Lord.

The Greeting and Announcements

The Holy Communion

The Offertory Anthem: O Saviour of the World

music: John Goss

O Saviour of the world, who by thy cross and precious blood
hast redeemed us, save us and help us, we humbly beseech
thee, O Lord. Amen.

Let us with gladness present the offerings and oblations of our life and labor to the Lord. To utilize our text-to-give option, simply text "ALBANS" to 73256.

***The Presentation of Gifts**

***The Doxology**

OLD 100TH

**Praise God, from whom all blessings flow;
praise him, all creatures here below;
praise him above, ye heavenly host:
praise Father, Son, and Holy Ghost.**

***The Great Thanksgiving, Prayer B**

BCP p. 367

***The Sursum Corda**

The musical notation consists of four staves, each with a treble clef and a key signature of one flat (B-flat). The lyrics are distributed as follows:

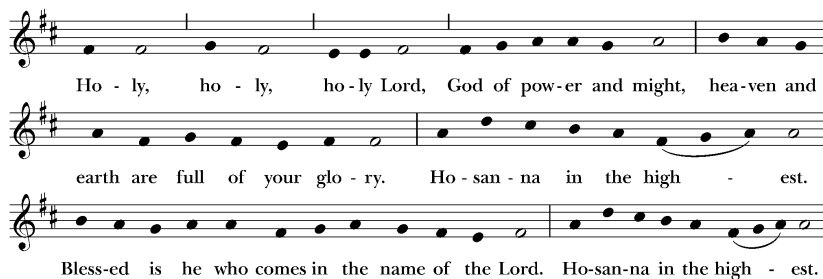
- Staff 1: *Celebrant* (The Lord be with you. And al - so with you.) and *People* (And al - so with you.)
- Staff 2: *Celebrant* (Lift up your hearts. We lift them to the Lord.) and *People* (We lift them to the Lord.)
- Staff 3: *Celebrant* (Let us give thanks to the Lord our God.)
- Staff 4: *People* (It is right to give him thanks and praise.)

The Celebrant continues.

***The Sanctus: S 124**

Holy, Holy, Holy

David Hurd



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
 earth are full of your glo - ry. Ho - san - na in the high - est.
 Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The Celebrant continues. The congregation is invited to stand or kneel as able.

Celebrant: Therefore, according to his command, O Father,

People: we remember his death, we proclaim his resurrection, we await his coming in glory;

The Celebrant continues.



Celebrant *People*
 A - men.

***The Lord's Prayer**

BCP p. 364

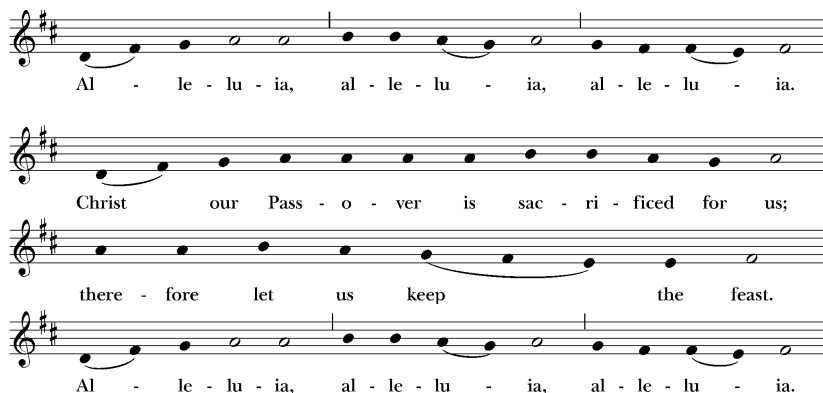
Celebrant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

***The Fraction Anthem: S 154**

Christ Our Passover

David Hurd



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.
 Christ our Pass - o - ver is sac - ri - ficed for us;
 there - fore let us keep the feast.
 Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

The Ministration of Communion

BCP p. 365

All are welcome to gather at the Lord's table. At the appropriate time, you may come forward to the altar rail, filling in from right to left. Kneeling is optional. Gluten-free wafers are available; please make your need known to the clergy. Wine is available either by sipping from the common cup (silver chalice) or by intinction (dipping the wafer into the pottery chalice). If you choose to intinct, please hold your wafer visibly to indicate that is your preference. Please take utmost care to keep your fingers from touching the wine as you dip. You may choose to receive only the bread or the wine, as either one alone is a full Communion. Please tell an usher if you need Communion brought to you. In the Episcopal Church, it is customary that those receiving Communion have been baptized in any Christian tradition, and no one who comes to the altar in faith is turned away. If you would like to learn more about Baptism at St. Alban's, please be in touch with the clergy. If you are not receiving Communion, we hope you will come forward and cross your arms over your chest, so that we might share a blessing with you.

The Communion Hymn: 593 Lord, Make Us Servants of Your Peace DICKINSON COLLEGE

***The Post Communion Prayer**

BCP p. 365

The congregation is invited to stand or kneel as able.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

***The Blessing**

***The Recessional Hymn: 569 God the Omnipotent! King Who Ordainest**

RUSSIA

***The Dismissal**

BCP p. 366

Deacon: Go in peace to love and serve the Lord.

People: **Thanks be to God.**

The Postlude: Blessed Be the God of Israel

Annabeth McClelland Gay

Altar Flowers

*The altar flowers this morning are given by Diane Hamilton to the glory of God
and in loving memory of Hilary Hamilton.*

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Welcome to St. Alban's!



St. Alban's is a friendly, inclusive, and growing congregation that seeks to honor the Lord Jesus Christ through worship, fellowship, and outreach. We pray that your worship with us will bring you the grace, peace, and joy of Christ. If you are new to our faith community, we would love to connect with you. Please fill out a purple sheet located on the Welcome Center table in the narthex or scan the QR code to the left with the camera on your smart phone which will direct you to an online newcomer form.

St. Alban's is a Parish in the Episcopal Diocese of North Carolina

The Right Reverend Samuel Sewall Rodman, III, Bishop of North Carolina

The Right Reverend Jennifer Brooke-Davidson, Assistant Bishop

The Clergy and Staff

The Reverend Carmen Germino, Rector

The Reverend Kevin Lloyd, Associate Rector

Davidson College Campus Minister

The Reverend Leslie Nuñez Steffensen, Priest Associate

The Reverend Valerie Davis, Deacon

John Bailey, Organist and Choirmaster

Jessica Ewell, Parish Administrator and Communications Director

Courtney Fossett, Director of Children, Youth, and Family Ministry

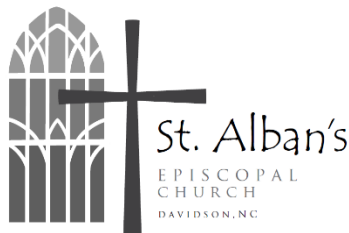
Erin Garrett, Director of Finance

Matt Presson, Director of Children's Choir and Stream Team

Patti Rossini, Preschool Director

The Vestry of St. Alban's

Jean Bonnyman, Connor Fulton, Matthew Goodson, James Kennedy, Annamarie Klemm, Allison Kratt, Jennifer Loher, Cheryl Nealy, Mike Sass, Joseph Torok, Leslie Urban, Danny Wiles.



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