

Weekly Newsletter

November 11, 2021



INDOOR WORSHIP SERVICES

8:00am or 10:30am services.

BIRTHDAYS & ANNIVERSARIES

Who is celebrating this upcoming week?

IN OUR PRAYERS

We pray for these people.

SERVERS

Please click [HERE](#) to sign up to be an acolyte, usher, lector or greeter at our indoor services.

A Message from

Courtney Fossett

It's finally here! Fall is all around us with falling temperatures, falling leaves, and falling back last weekend for Daylight Savings. I love North Carolina because we get the seasons, granted some are longer than others, but I am always ready for the next one when it arrives. A drive to the mountains last week for another college tour with my son was brilliantly vibrant with all the colors of the changing leaves. For some reason, they feel even brighter this year. Maybe it's just a coincidence, but I think we need these brightly colored falling leaves after the last couple years we have been through. It is so wonderful to see all of them lighting up the skyline and bringing a smile to my face and hopefully yours too!

After church on Sunday, I sat down with a few parish friends to discuss the book, *Seen Healing Despair and Anxiety in Kids and Teens through the Power of Connection*. This small, powerful, succinct book gave some great information that not only related to kids of all ages, but also to adults. We hear about the power of positive thinking all the time, but we discovered this can also change our brains, our health, and our outlook among other things. Those negative thoughts, or ANTs (Automatic Negative Thoughts) as they are referred to in the book, can often seep in with all the challenges we have faced in the past couple years and continue to face. How do we connect with those we love when they are facing internal strife?

[Read More](#)

A Future with Hope



*"For surely I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you **a future with hope.**" -Jeremiah 29:11*

To date, we have received 135 pledges for 2022 totaling \$542,410. Thank you to everyone who has already contributed to St. Alban's future with hope. Thanks to you, we are within reach of our goals! Your pledge is a profound expression of gratitude for God's blessings in your life and a visible act of commitment to the ongoing work of sharing God's love in our community.

This week, the vestry is reaching out to church members who have not yet pledged. To make your pledge today, visit <https://www.saintalbansdavidson.org/annual-giving>.

On the Sunday before Thanksgiving, we will be publishing our acknowledgment list of all who have pledged for 2022 to express our deep thanks. To have your name included, please make your pledge by noon on Wednesday, November 17.

Mom's Connect

Moms Connect is a group for women from St. Alban's Church and/or Preschool who are seeking connection in different phases of motherhood. We meet regularly for fun, reflection, mutual support, and prayer. Our next meeting of Moms Connect will be on Zoom on **Thursday, Nov. 18 at 7pm**. Please contact Cate Buckner for the Zoom link at cate.buckner@gmail.com.



Turkey Food Drive

Here at St. Albans we are collecting food items for 24 families so they can enjoy a Thanksgiving feast with their loved ones. Please pick up a leaf from the table in the narthex which has the items listed that we are asking for. All leaves must go!

Please return your purchased items to St. Albans no later than this Sunday, **November 14th** at noon. There will be a bin on the porch by the red wagon labeled with TURKEY FOOD DRIVE. Our youth group will decorate and pack the boxes for delivery to the Ada Jenkins Center. Thank you for your generosity and sharing with our neighbors this holiday season.



volunteers and/or financial contributions. This Sunday, Cori Goldstein from Safe Alliance will join us to share about their work providing a continuum of critical crisis services to those impacted by domestic violence, sexual assault, and child abuse.



A Word From the St. Alban's Weekday Preschool Ministry

Are you looking for a half day preschool program for your two or three year old for this school year? We are offering January start dates in our T/Th Twos class and our T/Th/F Threes class. For more information about the program itself please call 704-892-8955 or email us at info@saintalbanspreschool.org.

Do you have old beach or bath towels you are looking to get rid of? The preschool uses towels to dry playground equipment and to care for children when they become ill at preschool. If you have some old towels that you are ready to part with, we will take them off your hands! Feel free to drop them off in the Sunday School/Preschool hallway.

For more information about our November activities, please see our [newsletter link](#).

Music @ St. Alban's

Cynthia Fok Lawing and Gloria Fok Cook have appeared as duo concerto soloists in the US and in their native Hong Kong, and they have taken a successful concert tour of Taiwan. Their concert will be a series of "scene paintings" from Debussy, Smetana, Dvorak, Saint-Saens, and Brahms. Please join us Nov. 21 at 3pm for the concert. Tickets are available [HERE](#).

Music @ St. Alban's
Sunday Concerts in Davidson



Children's News

SUNDAY SCHOOL is now in full swing! We look forward to you joining us this Sunday.

DONATIONS – Sunday School is now collecting for **Safe Alliance**, an organization supporting those impacted by

domestic violence. Flyers went home with your child last week! Please bring small individual items like **travel size toothbrushes, toothpaste, shampoo/conditioner, soap, lotion**, etc. to put in our **Buddy Boxes** in Sunday School. Thank you for supporting this worthy cause!

Please REGISTER for Sunday School at this [link](#)! We will be holding Sunday School **outdoors**, weather permitting. PreK-5th grade will meet under the tents on the back lawn. Middle and High School Sunday School will meet on the front lawn. In the event of rain, we will NOT have Sunday School. Thank you so much for your support!

Youth News

This Sunday, Nov. 14 5:30-7:30pm– Pack Thanksgiving Meal Boxes, Dinner and games (time permitting)! Please contact [Courtney](#) if your youth(s) plan to attend!

SAVE THE DATE – Saturday, Nov. 20 Davidson Football Game vs. Drake at 1pm, Youth and Families Invited, Tailgate at Church first and walk to game, **RSVPs needed!!**

ADULT VOLUNTEERS – Would you be interested in **preparing/providing a meal** for our youth? Chaperoning an event or retreat? If so, please contact [Courtney](#)!

NEW REMIND app! Parents and Youth, please sign up by going to this link or **text @stalbansyo to 81010**. Last minute changes in venue make this app essential for communication to our group!

CALENDAR – An updated [schedule](#) of all the upcoming youth group events, including **SERVICE OPPORTUNITIES** is now available. Please take a look and save the date for the exciting upcoming events!



Advent Wreath Event



Please join us on **Sunday, Nov. 28** to make an Advent Wreath for your family! Refreshments, all necessary materials, and kids activities provided! Please RSVP to [Courtney](#) to make sure we have enough supplies! We are looking for an alternate supplier of greenery. Please contact [Courtney](#) if you might be able to help provide some greenery to make the wreaths. Thank you!

Christmas Pageant - Save the Date

Our wonderful St. Alban's Christmas Pageant will return outdoors and in person this year on Sunday, Dec. 19 at 3pm! Please contact [Courtney](#) if your child (PreK-5th grade) would be interested in participating! Thank you!



Christmas Pageant

MORNING PRAYER

Morning Prayer is offered in the chapel of our nave at 9:15am on Tuesdays and Thursdays. Masks are required for all adults and children over age 2 who enter the building.

PRAYER SHAWLS

If you or someone you know is sick or grieving, support might come from a "hug" in the form of a prayer shawl that has been blessed by our clergy. The shawls are knitted or crocheted or woven by our prayer shawl ministry members who give of their time, talent, resources, and prayers. If you would like to receive a prayer shawl for yourself or someone you know, please contact [Jessica Ewell](#).

PASTORAL CARE

Are you or someone you know in need of pastoral care? Please contact [Becky Mohlere](#) or [Mary Helms](#).

PRAYER LIST

Would you like to add your family or friend to our prayer list? Please email [Jessica](#) the name. When emailing Jessica a name, please state whether you would like first and last name or just first name on the prayer list. The name will remain on the prayer list for 2 weeks, or you can "renew" the name for another two weeks, please email Jessica this request too.

MEMBER DATABASE

Need to update personal info with St. Alban's? Check your pledge balance? Maybe look up another church member? ACS is our church database and it allows you to do all of this and more. Login with your church email and then follow this link for more info. [Read More](#)

OFFICE HOURS

The office is open and staffed from 9 a.m. – 11 a.m. on Tuesdays and Thursdays.