

Weekly Newsletter April 12, 2018

IN THIS ISSUE...

Plant Sale Pickup

College Search Mtg.

SEEDS Sale

Yoga Classes

Youth Sunday

Spring Fling

Free Concert

In our prayers:

Abby Hibbeler
Anne
Arthur
Brandon
Dick Jordan
Jim Meletiou
Karyl Danford
Kevin
Lane
Laura
Lynn Walker
Marsha Brodsky
Mary Clare
Ryan Knorr
Whit Whitney
Vickie

In our **Diocesan Cycle of Prayer** we pray St. Andrew's, St. Barnabas' & St. Francis' in Greensboro, NC.

In our **Anglican Cycle of Prayer** we pray for The Church of Ireland The Most Revd. Richard Lionel Clarke, Archbishop of Armagh and

A Message from

Lisa Givens

Each of us has expectations. Expectations for our children, families, jobs and even expectations for ourselves. Recently I have been thinking that maybe my expectations in my life are far exceeding reality. And what you then realize is that when those expectations are not met, there is a feeling of disappointment and failure that soon follows. So do we lower or change the expectations of our life? I don't really have that answer. Currently my life is a work in progress and most days I feel like I am living in the forest and having a hard time seeing the trees and finding my way out. I expect to "make my way out of the forest" but then something gets in my way and I have to change the route.

When I started working for St. Alban's my expectations for this job were to create, grow and manage a successful children and youth program for all of us. Sounds simple and direct enough - right? Those expectations have never changed for me, but the path to maintain those expectations is constantly changing. I welcome any of you to volunteer your time and talents to help me walk this crazy path of maintaining my expectations. We have such an amazing program and some amazing children and volunteers and at the center of it all I can see God's work. I can see each of our children show up on a Sunday, when they would probably prefer to still be in bed, and be present with their peers and feel safe in a faith filled environment. We have all created an amazing children and youth program that definitely has its up and downs, but I would like to believe that the ups far outweigh our downs. I want each of you to

Primate of All Ireland.

Military Prayer List:

Anatoliy Givens

Ryan Leinberger

Birthdays:

April 15

Pete Miller

Katie Gardner

Claudia Allemeier

April 16

Lydia McAuley

April 17

Cory Muir

Katherine Kennedy

Christina Alperi

April 18

Elizabeth Davis

Samuel Craig

April 19

Anne Cavett

April 20

Mary Hulen

Alice Gratz

Ava Orlando

April 21

Miller Willmore

Anniversaries

April 16

Phyllis Grayson

Walter & Mary Perkins

April 17

Matt & Kelly McCarey

Chris & Tamyra Meletiou

Roger & Elizabeth O'Connell

Volunteer Sign Up Genius Link

We always need volunteers for reading, greeting and Eucharistic Ministers.

Please [click here](#) to sign up to volunteer for the church services.

know that I welcome listening to your expectations for our children and youth programs. I bet that many of our expectations are exactly the same.

As we all start looking forward to a summer filled with wonderful expectations for our church, family and ourselves maybe we should all remember that it is ok for our expectations to change and take a different shape. It doesn't have to mean failure or disappointment, it means it's a change in our desired outcome. Maybe the trick is to avoid becoming attached to our desired outcomes in life?
Lisa

10:30 SUNDAY SERVERS

Altar Guild:

Amy Commer, Jay Hammond, Anne Shandley

Flower Guild: Suzanne Sadler

Eucharistic Minister: Phyllis Grayson

Crucifer: Alex & Drew Colven

Torchbearers:

Mickie Colven, Andrew Juchter

Lectors: Rosalind Seneca, Beth Whitaker

Ushers: Lewis Barber, Bob Beckham

Vestry Person: Hank Patch

Mooreville Soup Kitchen

Volunteers from St. Alban's are needed for **Friday, April 20th**. Please consider joining our team for this important outreach ministry. New volunteers are always welcome! You can sign up on the form in the narthex, or contact Mary Emerich at emerichm@gmail.com.

This Week's Service Times

9:15 T/Th: Morning Prayer

8:00 Sunday: Holy Eucharist

9:00 Sunday: Adult Forum

10:15 Sunday: K-8th Sunday school

10:30 Sunday: Holy Eucharist & Choir

SEEDS Plant Sale

Reminder! If you placed an order from the SEEDS Community Garden Plant Sale, you will need to pick it up **this Saturday, April 14 between 9am-12pm**. Questions?

Contact Jean Bonnyman (jsbonnyman@fastmail.com).

Supporting your child's college search

Parents of high school students who are currently in grades 9-11, Save-the-Date! If you would like to learn how to guide and support your teenager in their college planning come

to the session "Supporting Your Child's College Search" **TONIGHT, Thursday, April 12** from 7-8pm in the Reflection Room off the Narthex. Two sessions are being offered to parents for convenience and will cover the exact same material. Anne Shandley, a St. Alban's parishioner and educator for 27 years, has recently retired after 13 years as the Director of College Counseling at Cannon School. Anne will provide information to parents on how to help teens identify the best ways to prepare for an education after high school, useful research tools and resources, and how to work with your child's school counselor.



Green Elephant Sale



Gather up all of your extra gardening and yard tools, outdoor paraphernalia, bird décor...and save it for the Green Elephant Sale on April 14. You can drop off your unwanted stuff at the back of the church by the Green Elephant Sale sign starting between April 7 - April 13. Then **April 14th from 9-12** come buy what you need inexpensively! Proceeds go to St. Alban's SEEDS

Community Gardens. Questions? Contact Jean Bonnyman, jsbonnyman@fastmail.com.

Yoga Classes

Yoga for every - body! Have you been thinking about trying a yoga class? Spring is the perfect time to do something good for your body, mind and spirit.

Gentle yoga classes will be offered at St. Alban's Church on Tuesdays from 6:30 -7:30 and Thursdays from 7:00 - 8:00. Cost is \$5 per class. Bring a yoga mat if you have one and there are mats available. Come to relax, improve your flexibility, and gain strength. Suitable for beginners and all levels. Call, text, or e-mail Tee Dreyer for more information or to sign up for a class, or just show up! teedreyer@gmail.com or 919-649-1226.



Youth Sunday



Our Annual Youth Sunday service will take place on **Sunday, May 6th** at 10:30am. All middle and high school youth are encouraged to participate with reading, ushering, greeting, etc. This is the service where we recognize **all graduating seniors** as well. Please email Lisa Givens to sign your child up to participate and/or sign up your graduating senior for

recognition.

Spring Fling

The Annual Spring Fling is right around the corner. We encourage you to join us on the back lawn for fun and fellowship as we gather on May 6th after the 10:30 service for a cookout, music, games, bounce house, and new this year: the 1st annual St. Alban's Corn Hole Tournament. More details to come!!



Free Concert



The Agape National Academy of Music (ANAM) is a Christian organization based in Liberia. ANAM uses music and other art related programs to redeem and nurture young children affected by Liberia's recent civil war, and to develop

young Liberian leaders within the music and worship programs of local churches. Samson Tarphe is the founder and executive director of ANAM. Following five years of successful studies in music and community development in the U.S., he is now preparing to return to Liberia in August 2018 to lead ANAM with further development and expansion. Samson will be performing a concert at St. Alban's on **Friday, April 20th at 7pm**. Also performing will be Tracey Jones, a native Charlotte youth, along with our own Phyllis Grayson and Colin Burns. Admission is free, and a love-offering will be collected to benefit the organization.

Becoming a Beloved Community

.....is one of The Episcopal Church's (and our own Bishop Sam's) top priorities. It is a series of steps that the Church hopes will move us toward being a community of reconcilers, healers, and justice-makers, not only in the area of racial reconciliation, but wherever relationships are broken, divisions are present, or justice is just a dream. Want to learn more? Check out our [website](#) to view and/or download the documents. Want to talk about it? Get a start by joining our **Book Group on April 29th** after the 10:30 service, when we'll be discussing *Waking Up White* by Debby Irving.

Preschool News



The preschoolers are back from Spring Break and we were so happy to see them. This week in Chapel Father Jim told us the story of the Ascension and we danced to "I Love to Clap My Hands" and "Head Shoulders Knees and Toes" (Chapel versions, of course!). It is so great to see how much these children have learned over the course of the school year and how eager they are to hear our new Bible story each week!

Are you looking for a two year old preschool program? We still have a few openings in our two year old classes for the 2018/2019 school year. If you know of a family looking for a two year old program, please have them contact the preschool. Our two year old teachers have a great deal of experience and provide a loving, play-based environment and the class size is small. You can visit our website www.saintalbanpreschool.org or our Facebook

The preschool is also seeking substitute teachers. From time to time, our teachers need to be out due to illness or to care for their own family members. We are always seeking substitutes who would enjoy spending an occasional morning with us. No experience is necessary, just a love of young children. Substitutes are paid for their time. Please contact the preschool for more information.

MORNING PRAYER

Every Tuesday & Thursday from 9:15 to 9:30.

NEWCOMERS

The Newcomers meeting is held the first Sunday of each month following the 10:30 service. The meeting will be held in the front office. Please email [Mitzi](#) or [Valerie](#) for more information.

NURSERY

Do you have a young child who uses our nursery services? I hope you do because our paid nursery staff is wonderful! We are in need of volunteers each Sunday at 10:30. [Daniel Johnson](#) is the nursery coordinator and you can [Click here](#) to sign up.

THE PINES

Every 2nd & 4th Thursday at 11:00am, the Holy Eucharist is celebrated at The Pines.

PASTORAL CARE

Are you or someone you know in need of pastoral care? Please contact [Becky Mohlere](#).

ECW

The Episcopal Church Women meet the 2nd Tuesday of each month at 10:30 in the church. ECW meetings follow the school year calendar.

ALTAR FLOWERS

If you would like to request flowers on the altar in honor or memorial of someone please click the online form [HERE](#).

PRAYER LIST

Would you like to add your family or friend to our prayer list? Please email [Jessica](#) the name. When emailing Jessica a name, please state whether you would like first and last name or just first name on the prayer list. The name will remain on the prayer list for 2 weeks, or you can "renew" the name for another two weeks, please email Jessica this request too.

MEMBER DATABASE

Need to update personal info with St. Alban's? Check your pledge balance? Maybe look up another church member? ACS is our church database and it allows you to do all of this and more. Login with your church email and then follow this link for more info. [Read More](#)

[Church Website](#) | [St. Alban's Preschool](#) | [Facebook](#) | [Children & Youth Facebook](#) | [Youth Instagram](#)

St. Alban's Episcopal Church
301 Caldwell Lane, Davidson, NC 28036
Phone: 704-892-0173 Fax: 704-892-6506

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